

## Port Pillows

*These little pillows are used for folks that have an IV port and need to cushion the area from seatbelts. They consist of a little lightly stuffed pillow with a Velcro flap attached to hold the pillow to the seatbelt. They will be distributed to 9 patients by places that provide chemotherapy and other treatments involving IV ports. They're very quick to make.*

### Cutting

4 rectangle pieces of fabric each 4 ½" x 8". ( You can use two leftover 10"x10" squares from a layer cake pack or any other leftover fabric you may have. ) The pieces can be from the same or coordinating fabrics.

3 ½" length of Velcro tape (1 hook side, 1 loop side). The tape can be from ½" to 1" wide.

Some Fiber fill to stuff the pillow. Not fabric or batting. The pillow needs to be soft and not lumpy.

### Sewing

**VELCRO FLAP** (Use two of the 4 ½" x 8" rectangles and the velcro)

Mark center of a rectangle by folding in half so you have 2 almost square halves. Place fold on left and draw a line 1-5/8" to the right of the fold. Unfold the fabric and place the Velcro along the line. Stitch in place. Similarly mark the middle of the other fabric rectangle, but mark a line 2 ¼" from fold. Unfold, place the Velcro and stitch.

Put right sides of the 2 rectangles together with Velcro inside making sure Velcro tapes are on opposite ends. Leaving a 3" opening for turning, stitch around rectangles using a 1/4" seam allowance. Turn right sides out and press. Top-stitch 1/8" from all edges.

Mark center of Velcro flap perpendicular to long sides. Mark a side line on each side of center 1 ¼" from center.

**PILLOW** (Use the remaining 2 rectangles and the assembled and marked Velcro flap.)

Mark center line, the long way down a rectangle. Line the center line of the Velcro flap up with the rectangle center line. Velcro tapes will be parallel to the long sides of the rectangle. Pin in place.

Stitch along center line of the Velcro Flap and the two side lines. Secure each stitching line by backstitching.

Fold along the 2 outside lines, finger press Velcro strips together.

Put the two rectangles with right sides together and Velcro flap inside. Leaving a short end open, stitch around the rest of the edges using a ¼" seam allowance. Turn and lightly stuff with fiberfill. Fold sides of open end in ¼" and topstitch to close.

